



POLIO CHILD RELIEF

MUMBAI

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Progress Report of Polio Patient Ms. Sushma Yadav (15 years old)



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When she came to our door with her father, we didn't know anything about her family. In our first conversation, we came to know that she had lost her mom when she was at the age of three and there were five other children besides her. Tears were in her eyes, as they both told us their heartbreaking story. On top of her handicap as a physically challenged child, Sushma had suffered additional hardships. She is from North India and had moved with her father to Mumbai some years ago, where he runs a small milk shop in a neighbouring slum-area.

Due to having contracted Polio in her early childhood, she suffered from a deformity in her left hand, arm and shoulder. Sushma was unable to lift her arm, nor control her hand and finger movements in a proper way. As a 1st step, a bone block transfer surgery (*a piece of bone taken from the leg and transplanted between shoulder and elbow*) was performed by Dr. Desai. After adequate recuperation Sushma's arm movements had surprisingly improved to 70%. As time went on, we noticed her spirit and countenance changing as well. Due to her disability she had previously been very shy and introverted, but now radiated more joy and positiveness. For 2nd stage, a tendon release/correctional surgery in her lower left arm and wrist was carried out. A steel implant was inserted to help the fusion, just as she had received in her first surgery. After a brief stay at the Hospital she was discharged and progressed well at home. Slowly her hand movements improved and she is now able to grab and hold objects quite well. Sushma is now much more challenged in her life. Presently she is admitted for removal of the implants, the last step in her treatment. We are happy with Sushma, that the successful treatment has also brought improved social standing.



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Picture Log

1) Polio-patient Sushma's condition before her treatment.

2) Dr. Desai, Orthopaedic Surgeon and specialist in correctional surgeries for Polio-affected patients, taking on Sushma's case.

3) PCR Project Manager Josef Suess visiting her and other patients

in the slum-area, after her 1st operation. Her father is to the left.

4) Sushma happily showing the progress of being now able to lift her arm after completion of the 1st step of her treatment.

5) Sushma at the Hospital after her 2nd surgery in autumn of 2005.

Polio Child Relief Mumbai

Josef Suess,
Project Manager