TOWARDS CREATION OF AWARENESS, SENSITIZATION AND WELFARE OF PERSONS WITH DISABILITIES

MAINTENANCE, UPKEEP AND CARE OF ORTHOSIS/CALIPER

- 1. Ensure that suspension cuff/band is in good condition and metal joints are not loose before wearing the appliance.
- 2. Joints of the caliper should be oiled at least once in a week.
- 3. Keep the appliance and shoes neat and clean.
- 4. Replace worn off shoe heels.
- 5. In case of breakage of components of caliper/ orthosis get the same repaired or replaced immediately at nearest limb fitting centre DDRC/NI/ALIMCO.
- 6. Growing children should be brought once every three months to adjust fitting.
- 7. Avoid wetting of the appliance.
- 8. When not in use, keep the appliance in a dry and safe place.
- 9. Examine skin of your limb everyday for any undue pressure mark/ulceration due to orthosis and report it to your doctor/P&O.
- 10. Check all the screws, nuts and bolts daily.



CALIPER

TOWARDS CREATION OF AWARENESS, SENSITIZATION AND WELFARE OF PERSONS WITH DISABILITIES

MAINTENANCE, UPKEEP AND CARE OF PROSTHESIS

- 1. The stump should be washed before going to bed with an antiseptic soap and warm water.
- 2. Clean the inside of socket daily with mild soap and warm water.



ARTIFICIAL HAND

- 3. Stump socks should be washed daily.
- 4. Avoid wrinkles in the stump socks while worn to avoid ulceration of the skin.
- 5. Before wearing the prosthesis, apply antifungal or antibacterial powder in the socket.
- 6. Examine the stump daily for evidence of any part under pressure/Ulceration and report it to your doctor/P&O immediately.
- 7. If there is swelling on the stump, it should be wrapped firmly with a crape bandage and if swelling persists report it to your doctor/P&O.
- 8. Do stump exercises everyday.
- 9. When not in use, keep the prosthesis in dry and safe place.
- 10. In case of breakage get the part of the prosthesis repaired/ replace immediately at the nearest **fitment centre / DDRC / NI / ALIMCO**.



ARTIFICIAL LEGS

- 11. Don't use in case of diabetes, sensory impairment, skin infection / heart ailment etc. without consulting doctor/P&O.
- 12. Don't go to accident prone sites such as fire / risk / riot zone etc.

TOWARDS CREATION OF AWARENESS, SENSITIZATION AND WELFARE OF PERSONS WITH DISABILITIES

MAINTENANCE, UPKEEP AND CARE OF WHEEL CHAIR & TRI-WHEELER

- 1. Clean the movable parts of wheel chair and tri-wheeler regularly.
- 2. Regular lubrication of axles and crossbars should be done.
- 3. Clean thoroughly all leather and metal parts at regular intervals and mop them with clean cloth.
- 4. At least once in a year, wheel bearing must be rechecked and greased.
- 5. Whenever tyres and tubes are damaged they must be repaired/replaced immediately.
- 6. Whenever any parts of Wheel chair/Tri-wheeler gets damaged/lost like bolt, nut etc. or if there are any mechanical difficulties, thorough check-up can be done at a nearby cycle repair shop.



WHEEL CHAIR



TRI - WHEELER

TOWARDS CREATION OF AWARENESS, SENSITIZATION AND WELFARE OF PERSONS WITH DISABILITIES

MAINTENANCE, UPKEEP AND CARE OF HEARING AID

- 1. Keep it in cool, dry place.
- 2. Protect it from water and other liquid.
- 3. Remove the cell, when the aid is not in use.
- 4. Don't leave the hearing aid near fire, stove, car or other vehicle and electrical appliances like Radio, TV etc.
- 5. Keep the hearing aid away from dust, dirt, sun, rain, water, cosmetic powder, hair oil etc.



HEARING AID

- 6. Don't twist or knot the cord.
- 7. Make a proper pocket in the dress for safe keeping of hearing aid.
- 8. Always switch off the hearing aid when not in use.
- 9. The ear tip should be detached from the receiver and washed in soap water frequently to prevent wax formation.
- 10. Always use a dry cloth to clean the hearing aid.